

2010 HEARTLAND TRI VOLUNTEER SIGN-UP SHEET

June 19th Kids Race 7:30am * June 20th Adult Race 7:30am

Please find the time or times that you are available – do not choose a shift unless you are available for the full time period. Most of the long shifts will not entail the full time period, but we need you to be available between those hours. You will be notified of your actual shift time in advance, so that you can plan your day accordingly. Email is not required but preferred because it's easier to communicate, so if you have email, please provide that address and remember if you sign up to volunteer, please check your e-mail frequently to make sure you're getting all the information.

****PLEASE PRINT – WE MUST BE ABLE TO READ YOUR REGISTRATION INFORMATION**

NAME: _____ AGE: _____ PHONE: _____

ADDRESS: _____

****E-MAIL ADDRESS:** _____

(PLEASE PROVIDE- IT HELPS IN MASS COMMUNICATING)

SHIRT SIZE: _____ SMALL _____ MEDIUM _____ LARGE _____ X-LARGE _____ 2X-LARGE

GROUP/CLUB: _____

HAVE YOU VOLUNTEERED FOR THE HEARTLAND TRI BEFORE? _____ YES _____ NO

IF YES, WHAT DID YOU DO? _____

I CAN STAND/BE OUTSIDE FOR AT LEAST TWO HOURS AT A TIME: _____ YES _____ NO

DAY AVAILABILITY:

_____ BOTH DAYS (Saturday and Sunday)

_____ SATURDAY (Kids Race)

_____ SUNDAY (Adult Race)

Both races begins at 7:30 AM this year!

PLEASE LET US KNOW IF YOU ARE ONLY AVAILABLE FOR CERTAIN HOURS OF THE DAY

COMMENTS/QUESTIONS: _____

After you fill out this form it will go the Volunteer Email box and you will get a reply.

IF you do not have email you may drop it off at the Sebring Chamber in a envelope addressed TRIATHLON VOLUNTEER and you will be contacted. ☺

www.heartlandtri.org or charlotteanne13@hotmail.com for more information

We want everyone that wants to volunteer to have a place at one of our races, however, please be advised that there are no positions that do not **require at least a couple of hours of standing/moving** around, and most of these positions are outside. If you or a person you are signing up cannot stand and/or be outside for at least 4-6 hours at a time, please reconsider your decision to volunteer – we greatly appreciate your willingness and desire to help out, but we will not be able to utilize you as a volunteer. Please still consider coming to the race to watch and cheer! There will be shaded spots perfect for putting up a chair and enjoying the day!